

Biblical Manhood and Womanhood Course Outline

Week 1: Introduction: Egalitarianism and Complementarianism

Week 2: Biblical Masculinity Part I

Week 3: Biblical Masculinity Part II

Week 4: Biblical Femininity Part I

Week 5: Biblical Femininity Part II

Week 6: BM&W in the Home Part I

Week 7: BM&W in the Home Part II

Week 8: Panel Discussion & Q&A

Week 9: BM&W in the Church Part I

Week 10: BM&W in the Church Part II

Week 11: BM&W in the World

Week 12: Answering Objections to Complementarianism

Week 13: Panel Discussion & Q&A

Definitions:

The essence of biblical masculinity is a sense of benevolent responsibility to lead, provide for and protect women in ways appropriate to a man's differing relationships.

The essence of biblical femininity is a freeing disposition to affirm, receive and nurture strength and leadership from worthy men in ways appropriate to a woman's differing relationships.

Questions and comments are welcome!

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Core Seminars—Biblical Manhood & Womanhood

Class 4: Biblical Femininity (Part 1)



I. Introduction: What does it mean to be a woman?

- Women have greater dignity than the world ascribes to them
- Women have a greater problem than the world recognizes – and a greater Savior
- Women have been given instruction by their Savior on how to express their womanhood

Setting the stage:

1. Biblical femininity is seen in conjunction with biblical masculinity
2. Scripture often illustrates femininity in the context of marriage, but biblical womanhood transcends marital status

II. Genesis 1-3

- Gen 1:26-27: *Equal in essence as image of God*
- Gen 2: *Distinct, complementary roles*

- Matthew Henry: “The woman was made of a rib out of the side of Adam; not made out of his head to rule over him, nor out of his feet to be trampled upon by him, but out of his side to be equal with him, under his arm to be protected, and near his heart to be beloved.”
- Gen 3: *The results of the fall*

III. 1 Corinthians 11:3

- The Trinity provides a wonderful example of *equality in essence, yet distinction in role*

IV. Ephesians 5:22-24, 33

- “Submit:” *To place oneself under another’s authority*
- Feminine submission: *A heart posture that seeks to affirm, nurture and facilitate a man’s God-given calling to serve and protect others*
- Application to various stations of life...

V. 1 Peter 3:1-6

- Submitting to... sinful men?
- Winning over “without words”
- When a wife *shouldn’t* submit
- 1 Pet 3:3-4: True Beauty – “A gentle and quiet spirit”

VI. Titus 2:3-5

1. Discipling relationships that focus on the home
2. Submission keeps the word of God from being reviled

VII. Proverbs 31:10-31

1. She uses her talents wisely
2. Her character blesses her family
3. She fears the Lord